

<p>DIABETES AND DIABETIC RETINOPATHY</p>

H. Diabetes Assessment (complete for everyone)

- 1 Have you ever been told by a doctor or nurse that you have diabetes, sugar in your urine or high blood sugar? No ☐ (1) Yes ☐ (2)
- 2 Action: Measure blood sugar mg/dl 3 Refused blood test ☐

I. Questions for known diabetics (i.e. said 'YES' to question H1)

- | | | | | |
|---|--|-----|---------------------|-------|
| 4 | What age were you when you were told you had diabetes? | | | Years |
| 5 | Are you currently receiving treatment for diabetes? | No | No treatment | O (1) |
| | - If 'Yes', what type of treatment do you receive? | Yes | Diet only | O (2) |
| | | | Tablets | O (3) |
| | | | Insulin | O (4) |
| | | | Tablets and insulin | O (5) |
| | | | Other | O (6) |
| 6 | Before today, have you ever had your eyes examined because of your diabetes e.g. drops were put in your eyes before the examination or a photograph was taken of the back of your eye? | No | Not examined | O (1) |
| | - If 'Yes', when was the last time you had your eyes examined because of your diabetes? | Yes | 0-12 months ago | O (2) |
| | | | 13-24 months ago | O (3) |
| | | | >24 months ago | O (4) |

J. Diabetic retinopathy assessment Complete if known diabetic ('YES' to H1) or if blood sugar $\geq 200\text{mg/dl}$

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|----|---|---|---------------------------|
| 7 | Examination method: | dilatation and funduscopy | <input type="radio"/> (1) |
| | | fundus camera | <input type="radio"/> (2) |
| | | refused dilatation and/or fundus photograph | <input type="radio"/> (3) |
| 8 | Retinopathy | <u>Right Eye</u> | <u>Left Eye</u> |
| | R0 (No visible retinopathy) | <input type="radio"/> (1) | <input type="radio"/> (1) |
| | R1 (mild)* | <input type="radio"/> (2) | <input type="radio"/> (2) |
| | R2 (observable background)* | <input type="radio"/> (3) | <input type="radio"/> (3) |
| | R3 (referable)* | <input type="radio"/> (4) | <input type="radio"/> (4) |
| | R4 (proliferative)* | <input type="radio"/> (5) | <input type="radio"/> (5) |
| | R6 (Not adequately visualized)* | <input type="radio"/> (6) | <input type="radio"/> (6) |
| | Reason not adequately visualised? | | |
| | | | |
| 9 | Maculopathy | | |
| | M0 (No maculopathy) | <input type="radio"/> (1) | <input type="radio"/> (1) |
| | M1 (Observable)* | <input type="radio"/> (2) | <input type="radio"/> (2) |
| | M2 (Referable)* | <input type="radio"/> (3) | <input type="radio"/> (3) |
| | M6 (Not adequately visualized)* | <input type="radio"/> (4) | <input type="radio"/> (4) |
| 10 | Laser photocoagulation scars | | |
| | Laser scars absent | <input type="radio"/> (1) | <input type="radio"/> (1) |
| | Scars present – pan retinal laser | <input type="radio"/> (2) | <input type="radio"/> (2) |
| | Scars present – macular laser | <input type="radio"/> (3) | <input type="radio"/> (3) |
| | Scars present – pan retinal and macular laser | <input type="radio"/> (4) | <input type="radio"/> (4) |
| | Not adequately visualized* | <input type="radio"/> (5) | <input type="radio"/> (5) |

*Refer if newly diagnosed/uncontrolled diabetes. Refer if any signs of retinopathy or if not visualized (R1-6/M1-M6)